

## Club Try Sails – General Rules

1. A club try sail is held primarily to get non-sailors out to sea in order to kindle an interest in sailing. Try sails can take two forms, either an experienced qualified helm taking a non-sailor to sea as crew, which is covered under **Leaflet 3**; or a non-sailor getting a taste of independent sailing by going to sea on a single-handed dinghy under close supervision. This latter activity is covered by this Safety Leaflet.

## Sailing Area

2. The Sailing area for trysails is to be restricted to that area in CESSAC bay outside the swimming buoys but within a line joining the Officers' Club and the Disused Jetty by Watson's Mole.

## Organisation

3. The following personnel are necessary to run a Club Trysail:
- a. Safety boat personnel in accordance with **Leaflet 8**.
  - b. An activity leader on the shore who is an experienced OOD.
  - c. At least one catcher on the beach to marshal boats as they return.
  - d. At least one person who is at least RYA L2 Dinghy with experience.

## Buoyancy Aids

4. An approved Personal Buoyancy aid is to be worn at all times. It is the responsibility of the OOD to check this aid for tears, rips or breakages which may affect its performance.

## Boats to be Used

5. For single handed trysails only Pico and Optimist dinghies are to be used. All non-sailors taking part are to be advised on the risks of sailing (listed in the Risk Assessment).

## Wind and Sea State Limits

6. Trysails may only take place up to 12 knots and in a slight sea state.

## Club Try Sails – OOD Safety Checklist

### Before Allowing Try Sail

- Weather Forecast Checked and displayed
- Wind strength below 12 Knots
- Rescue Boat Helm and 2<sup>nd</sup> Helm in place
- Rescue Boat on the Water
- Communications checked between Rescue Boat and Shore
- Safe to sail flag (green) hoisted
- All personnel briefed and in place
- All non-sailors wearing buoyancy aids and checked by OOD.  
Wetsuits as required (winter only)

### During the Try Sail

- Regularly review Wind Strength and Wave State
- Maintain a watch and ensure boats remain within Sailing Area
- Check Communications regularly between Rescue Boat and Shore
- Watch for boats in difficulty, direct Rescue boat as required
- Ensure enough safety boats for number of craft sailing (See Wind chart)

### After Try Sail

- Ensure all crew return!
- Ensure that all boats are booked in and defects reported
- Ensure all boats are washed down and put away
- Ensure all equipment is put away correctly

## Club Try Sails – Risk Assessment

Unit/Formation: Dhekelia Sailing Club  
 Activity/Exercise: Club Dinghy Sailing  
 Relevant Publications/Pamphlets/Procedures: AGAI Chap 18, SOP 225a, HQ BFC WSC Minutes  
 Steps relate to the Risk Assessment Process

Assessor: Rear Commodore  
 Date Assessment: 8 Nov 06  
 Review Date: 8 Nov 07  
 Generic Risk Assessment: Yes/No

Ser	Activity / Element (Step 1)	Hazards Identified (Step 2)	Existing Controls (Step 3)	Residual Risk (Step 4)	Additional Controls Required (Step 5)	Residual Risk(Step 6)
(a)	(b)	(c)	(d)	(e)	(f)	(g)
1	Try Sail	Drowning	1. At least one of the Staff trained in First Aid 2. Safety Boat available 3. Buoyancy Aids worn	No Residual		N/A
2	Try Sail	Hypothermia (Winter Sailing)	1. At least one of the Staff trained in First Aid. 2. Wetsuits recommended. 3. Safety Boat available. 4. Wind strength limitations on sailing.	No Residual		N/A
3	Try Sail	Head Injury from booms	1. Briefing on the danger (RYA Training) 2. At least one of the Staff trained in First Aid.	No Residual		N/A
4	Try Sail	Injury from safety boat prop.	1. Prop guards fitted. 2. Kill cords used. 3. Engine stopped when pulling in swimmers.	No Residual		N/A
5	Try Sail	Launching and recovery of boats.	1. Supervised by OOD. 2. Catcher to assist. 3. Pico/Optimist easy to control.	No Residual		N/A
6	Try Sail	Multi Craft Capsize	1. Safety helms instructed to aid swimmers in distress before recovery of craft. 2. Sailing area smaller than usual and therefore spread of craft limited.	No Residual		N/A
7	Try Sail	Cut Feet	1. Footwear recommended.	No Residual		N/A
8	Try Sail	Entanglement / Entrapment after capsize.	1. Knives carried on safety boats. 2. Participants to be briefed. 3. Pico/Optimist easy to control from safety boat.	No Residual		N/A

	Name	Post	Date	Signature
Existing and Additional Controls Agreed				
Additional Controls Implemented				